

WORKPLACE CULTURE WELLNESS COMMITMENT



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We at

commit to improving our organisation's Wellness Rating from

to

by:

Signature of most senior person committing the organisation
to this goal

Date

“ In a growth mindset,
challenges are exciting
rather than threatening.
So rather than thinking,
*oh I'm going to reveal
my weaknesses, you
say, wow, here's a
chance to grow.*”

— CAROL DWECK